## **JUNE 2024 CHANGES COUNSELING**

Individual Counseling Available until 7PM Office Hours: Mon to Fri 9:00 AM - 7:00 PM Saturday 9:00 AM - 6:00 PM Office: (801)542-7060 Text/UA: (801)987-0225 Email: info@changescounseling.org WWW.CHANGESCOUNSELING.ORG 8221 South 700 East, Sandy, UT 84070 ALL GROUPS/SEMINARS USING GOTO VIDEO \*SU=Substance Use \*DV= Domestic Violence \*MRT= Moral Reconation Therapy \*UA= Urinalysis

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAY 27 HAPPY MEMORIAL DAY! CLOSED FOR THE HOLIDAY!	MAY 28 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #4 of 4 5:30-7pm Parenting #4 7-8pm Men's DV Group	MAY 29 1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #4 of 4	MAY 30 5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	MAY 31	1 10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #4 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
3 OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 7-8pm MRT Group	4 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #1 of 4 5:30-7pm Parenting #1 of 4 7-8pm Men's DV Group	5 1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #1 of 4	6 5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	7	8 10am-4pm Anger Mgmt Technech Seminar 6HRS 11am-3pm Prime for Life #1 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
10 OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 7-8pm MRT Group	11 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #2 of 4 5:30-7pm Parenting #2 of 4 7-8pm Men's DV Group	12 1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #2 of 4	13 5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	14	15 10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #2 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
17 OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #1 7-8pm MRT Group	18 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #3 of 4 5:30-7pm Parenting #3 of 4 6-10pm Prime for Life #2 7-8pm Men's DV Group	19 1-2pm COED SU Group Thinking Errors #3 and MRT are being held on Thursday the 20th this week.	20 5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #3 of 4	21	22 10am-4pm Anger Mgmt Technech Seminar 6HRS 11am-3pm Prime for Life #3 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
24 OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #3 7-8pm MRT Group	25 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #4 of 4 5:30-7pm Parenting #4 of 4 6-10pm Prime for Life #4 7-8pm Men's DV Group	26 1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #4 of 4	27 5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	28	29 11am-3pm Prime for Life #4 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm