JULY 2024 CHANGES COUNSELING

Individual Counseling Available until 7PM Office Hours: Mon to Fri 9:00 AM - 7:00 PM Saturday 9:00 AM - 6:00 PM Office: (801)542-7060 Text/UA: (801)987-0225 Email: info@changescounseling.org WWW.CHANGESCOUNSELING.ORG 8221 South 700 East, Sandy, UT 84070 ALL GROUPS/SEMINARS USING GOTO VIDEO *SU=Substance Use *DV= Domestic Violence *MRT= Moral Reconation Therapy *UA= Urinalysis

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 7-8pm MRT Group	12-1pm COED DV Group 5:30-6:30pm Men's SU Group 7-8pm Men's DV Group	1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #1 of 4	HAPPY INDEPENDENCE DAY! CLOSED FOR THE HOLIDAY!	5	10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #1 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #1 7-8pm MRT Group	9 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #1 of 4 5:30-7pm Parenting #1 of 4 6-10PM Prime for Life #2 7-8pm Men's DV Group	1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #2 of 4	5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	12	13 10am-4pm Anger Mgmt Techniques 6HRS 11am-3pm Prime for Life #2 4-5pm COED DV group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 6-10pm Prime for Life #3 7-8pm MRT Group	16 12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #2 of 4 5:30-7pm Parenting #2 of 4 6-10pm Prime for Life #4 7-8pm Men's DV Group	1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #3 of 4	5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	19	10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #3 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 7-8pm MRT Group	12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #3 of 4 5:30-7pm Parenting #3 of 4 7-8pm Men's DV Group	HAPPY PIONEER DAY! CLOSED FOR THE HOLIDAY!	5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	26	11am-3pm Prime for Life #4 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm
OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS 7-8pm MRT Group	12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #4 of 4 5:30-7pm Parenting #4 of 4	1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #4 of 4	AUGUST 5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group	AUGUST ²	AUGUST 10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #1 4-5pm COED DV Group 5-6pm COED SU Group

UA TESTS OK TIL 5:45 pm

7-8pm Men's DV Group