

MARCH 2024 CHANGES COUNSELING

Individual Counseling Available until 7PM Office Hours: Mon to Fri 9:00 AM - 7:00 PM Saturday 9:00 AM - 6:00 PM

Office: (801)542-7060 Text/UA: (801)987-0225 Email: info@changescounseling.org WWW.CHANGESCOUNSELING.ORG 8221 South 700 East, Sandy, UT 84070

ALL GROUPS USING GOTO VIDEO A&D= Alcohol & Drug DV= Domestic Violence MRT= Moral Reconation Therapy UA= Urinalysis

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 OPEN 9:00 AM TO 9:00 PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45 pm ON WEEKDAYS and TIL 5:45 PM ON SATURDAYS 6-10pm Prime for Life #3 7-8 pm MRT 60 min group	27 12:00-1 pm COED DV group 5:30-6:30 pm Men's A&D group 5:30-7 Anger Mgt Techniques Group #4 6-10pm Prime for Life #4 7-8 pm Men's DV group	28 1:00-2 pm COED A&D group 5:30-6:30 pm MRT 60 min group 6:30-8:00 pm Thinking Error Recognition Group #4	29 5:30-6:30 pm Women's A&D group 6:30-7:30 pm Women's DV group	1	2 10:00-4 pm Thinking Error Recognition Workshop 4:00-5 pm COED DV group 5:00-6 pm COED A&D group UA TESTS OK TIL 5:45 pm SAT
4 OPEN 9:00 AM TO 9:00 PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45 pm ON WEEKDAYS and TIL 5:45 PM ON SATURDAYS 7-8 pm MRT 60 min group	5 12:00-1 pm COED DV group 5:30-6:30 pm Men's A&D group 5:30-7 Anger Mgt Techniques Group #1 7-8 pm Men's DV group	6 1:00-2 pm COED A&D group 5:30-6:30 pm MRT 60 min group 6:30-8:00 pm Thinking Error Recognition Group #1	7 5:30-6:30 pm Women's A&D group 6:30-7:30 pm Women's DV group	8	9 10:00-4pm Anger Management Techniques 6 hour Workshop 11:00-3 pm Prime Life #1 4:00-5 pm COED DV group 5:00-6 pm COED A&D group UA TESTS OK TIL 5:45 pm SAT
11 OPEN 9:00 AM TO 9:00 PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45 pm ON WEEKDAYS and TIL 5:45 PM ON SATURDAYS 7-8 pm MRT 60 min group	12 12:00-1 pm COED DV group 5:30-6:30 pm Men's A&D group 5:30-7 Anger Mgt Techniques Group #2 7-8 pm Men's DV group	13 1:00-2 pm COED A&D group 5:30-6:30 pm MRT 60 min group 6:30-8:00 pm Thinking Error Recognition Group #2	14 5:30-6:30 pm Women's A&D group 6:30-7:30 pm Women's DV group	15	16 10:00-4:00 Thinking Error Recognition Workshop 11:00-3 pm Prime Life #2 4:00-5 pm COED DV group 5:00-6 pm COED A&D UA TESTS OK TIL 5:45 pm SAT
18 OPEN 9:00 AM TO 9:00 PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45 pm ON WEEKDAYS and TIL 5:45 PM ON SATURDAYS 6-10pm Prime for Life #1 7-8 pm MRT 60 min group	19 12:00-1 pm COED DV group 5:30-6:30 pm Men's A&D group 5:30-7 Anger Mgt Techniques Group #3 6-10 Prime for Life #2 7-8 pm Men's DV group	20 1:00-2 pm COED A&D group 5:30-6:30 pm MRT 60 min group 6:30-8:00 pm Thinking Error Recognition Group #3	21 5:30-6:30 pm Women's A&D group 6:30-7:30 pm Women's DV group	22	23 10:00-4 pm MAYBE Advanced Parenting Techniques 6 hour 11:00-3 pm Prime Life #3 4:00-5 pm COED DV group 5:00-6 pm COED A&D group UA TESTS OK TIL 5:45 pm SAT
25 OPEN 9:00 AM TO 9:00 PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45 pm ON WEEKDAYS and TIL 5:45 PM ON SATURDAYS 6-10pm Prime for Life #3 7-8 pm MRT 60 min group	26 12:00-1 pm COED DV group 5:30-6:30 pm Men's A&D group 5:30-7 Anger Mgt Techniques Group #4 6-10 Prime for Life #4 7-8 pm Men's DV group	27 1:00-2 pm COED A&D group MRT ON THURSDAY 5:30-6:30 pm MRT 60 min group 6:30-8:00 pm Thinking Error Recognition Group #4	28 5:30-6:30 pm MRT 60 min group 5:30-6:30 pm Women's A&D group 6:30-7:30 pm Women's DV group	29	30 Prime Life #4 on April 6th HAPPY EASTER! CLOSED TODAY ENJOY YOUR HOLIDAY!