

AUGUST 2024 CHANGES COUNSELING

Individual Counseling Available until 7PM Office Hours: Mon to Fri 9:00 AM - 7:00 PM Saturday 9:00 AM - 6:00 PM

Office: (801)542-7060 Text/UA: (801)987-0225 Email: info@changescounseling.org WWW.CHANGESCOUNSELING.ORG 8221 South 700 East, Sandy, UT 84070

ALL GROUPS/SEMINARS USING GOTO VIDEO *SU=Substance Use *DV= Domestic Violence *MRT= Moral Reconation Therapy *UA= Urinalysis

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>July 29</p> <p>OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS</p> <p>7-8pm MRT Group</p>	<p>July 30</p> <p>12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #4 of 4 5:30-7pm Parenting #4 of 4 7-8pm Men's DV Group</p>	<p>July 31</p> <p>1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #4 of 4</p>	<p>1</p> <p>5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group</p>	<p>2</p>	<p>3</p> <p>10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #1 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm</p>
<p>5</p> <p>OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS</p> <p>7-8pm MRT Group</p>	<p>6</p> <p>12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #1 of 4 5:30-7pm Parenting #1 of 4 7-8pm Men's DV Group</p>	<p>7</p> <p>1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #1 of 4</p>	<p>8</p> <p>5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group</p>	<p>9</p>	<p>10</p> <p>10am-4pm Anger Mgmt Techniques 6HRS 11am-3pm Prime for Life #2 4-5pm COED DV group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm</p>
<p>12</p> <p>OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS</p> <p>7-8pm MRT Group</p>	<p>13</p> <p>12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #2 of 4 5:30-7pm Parenting #2 of 4 7-8pm Men's DV Group</p>	<p>14</p> <p>1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #2 of 4</p>	<p>15</p> <p>5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group</p>	<p>16</p>	<p>17</p> <p>10am-4pm Thinking Error Recognition 6HRS 11am-3pm Prime for Life #3 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm</p>
<p>19</p> <p>OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS</p> <p>6-10pm Prime for Life #1 7-8pm MRT Group</p>	<p>20</p> <p>12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #3 of 4 5:30-7pm Parenting #3 of 4 6-10pm Prime for Life #2 7-8pm Men's DV Group</p>	<p>21</p> <p>1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #3 of 4</p>	<p>22</p> <p>5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group</p>	<p>23</p>	<p>24</p> <p>11am-3pm Prime for Life #4 4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm</p>
<p>26</p> <p>OPEN 9:00AM TO 9:00PM FOR APPOINTMENTS: UA TESTS OK UNTIL 6:45PM ON WEEKDAYS and TIL 5:45PM ON SATURDAYS</p> <p>6-10pm Prime for Life #3 7-8pm MRT Group</p>	<p>27</p> <p>12-1pm COED DV Group 5:30-6:30pm Men's SU Group 5:30-7pm Anger Mgmt Techniques #4 of 4 5:30-7pm Parenting #4 of 4 6-10pm Prime for Life #4 7-8pm Men's DV Group</p>	<p>28</p> <p>1-2pm COED SU Group 5:30-6:30pm MRT Group 6:30-8pm Thinking Error Recognition #4 of 4</p>	<p>29</p> <p>5:30-6:30pm Women's SU Group 6:30-7:30pm Women's DV Group</p>	<p>30</p>	<p>31</p> <p>4-5pm COED DV Group 5-6pm COED SU Group UA TESTS OK TIL 5:45 pm</p>